

# 2024 INTERNATIONAL HUMAN PERFORMANCE SUMMIT

@SwRIHPI #2024IHPS

## IHPS 2024 Agenda & Speakers

IHPS will be held September 19-20, 2024, at Southwest Research Institute in San Antonio, Texas. For more information, contact facilitators Koen Flores, 210-522-4533 ([koen.flores@swri.org](mailto:koen.flores@swri.org)) and Travis Thompson, 210-522-2974 ([travis.thompson@swri.org](mailto:travis.thompson@swri.org)).

## DAY 1 (September 19, 2024)

<b><i>Schedule</i></b>	<b><i>Event/Topic</i></b>	<b><i>Speaker</i></b>
8:00 AM – 9:00 AM	Pick-Up Registration Materials	
9:00 AM – 9:30 AM	Administrative Notes	<b>Kase Saylor</b> <i>R&amp;D Manager, Southwest Research Institute</i>
9:30 AM – 10:30 AM	Keynote: Fin Kirwan	<b>Fin Kirwan,</b> <i>Senior Vice President, Chief of Olympic Sport, United States Olympic and Paralympic Committee</i>
10:30 AM – 11:00 AM	BREAK	
11:00 AM – 12:00 PM	TBD	<b>Luke Bongiorno,</b> <i>Diretor, Neuro Orthopaedic Institute</i>
12:00 PM – 1:15 PM	LUNCH	
1:15 PM – 2:15 PM	TBD	<b>TBD</b>
2:15 PM – 3:15 PM	An Ecological Approach to Skill Acquisition and Development	<b>Rob Gray, PhD,</b> <i>Associate Professor/Skill Acquisition Specialist, Arizona State University/Boston Red Sox</i>
3:15 PM – 3:45 PM	BREAK	
3:45 PM – 4:45 PM	Military Return 2 Program and Blood Flow Restriction Therapy	<b>Raustin Harris,</b> <i>Physical Therapist, Head of Limb Salvage and Return 2 Program, Center for the Intrepid at Brooke Army Medical Center</i>

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<b><i>Schedule</i></b>	<b><i>Event/Topic</i></b>	<b><i>Speaker</i></b>
4:45 PM – 5:00 PM	Day 1 Wrap-Up	<b>Dr. Dan Nicolella</b> <i>Institute Engineer, Southwest Research Institute</i>
5:00 PM – 7:00 PM	SUMMIT MIXER	

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## DAY 2 (September 20, 2024)

<b><i>Schedule</i></b>	<b><i>Event/Topic</i></b>	<b><i>Speaker</i></b>
8:30 AM – 9:30 AM	Breakfast	
9:30 AM – 9:40 AM	Administrative Notes	<b>Dan Nicolella, PhD,</b> <i>Institute Engineer, Southwest Research Institute</i>
9:40 AM – 10:40 AM	The Future of Athlete Performance Enhancement, Injury Prevention, and Rehabilitation, Now	<b>Gregory D. Myer, PhD, FACM, CSCS*D,</b> <i>Director, Emory Sports Performance And Research Center</i>
10:40 AM – 11:40 AM	Optimization of Hydration to Enhance Exercise Performance	<b>Floris C. Wardenaar, PhD,</b> <i>Assistant Professor in Nutrition, College of Health Solutions at Arizona State University</i>
11:40 AM – 1:00 PM	LUNCH	
1:00 PM – 2:00 PM	TBD	<b>TBD</b>
2:00 PM – 3:00 PM	TBD	<b>Kirk Goldsberry</b> <i>Executive Director of The Business of Sports Institute at the University of Texas at Austin</i>
3:00 PM – 3:15 PM	Summit Wrap-Up	<b>Kase Saylor</b> <i>R&amp;D Manager, Southwest Research Institute</i>